

**LOCATION:** The conference will be held at the University of Utah's Health Sciences Education Building (HSEB) in Alumni Hall room 2110 which is located on the second floor. A large sign outside of Alumni Hall reads "Alumni Hall 2100".

**DIRECTIONS:**

**Directions From the Airport:** Take North Temple to West Temple and turn right. Follow West Temple to 400 South and turn left. On 400 South, continue east which becomes 500 South as you approach the University. Continue on 500 South and turn left onto Wasatch Drive. Turn right at the first traffic light, South Campus/Hempstead Road. Take the second left onto Fort Douglas Boulevard, and follow the boulevard to the Guest House and Conference Facilities. Taxi and shuttle services are also available from the airport.

**From Salt Lake City or the University of Utah Campus:** Take TRAX to the University Hospital stop or take the red or blue shuttle from campus.

A map of the conference facilities can be found at <http://conferences.utah.edu/images/pdf/UGHMap.pdf>

**OVERNIGHT ACCOMMODATIONS** are available at the University of Utah Guest House located at 110 South Forth Douglas Boulevard, Salt Lake City, UT 84113. The University Guest House is located in the Historic Fort Douglas section of the University of Utah Campus. To make a reservation, call 1-801-587-1000 or toll free at 1-888-416-4075. Their website is <http://www.conferences.utah.edu/>.



*University of Utah Guest House and Conference Center*



*in conjunction with The University of Utah  
and Intermountain Healthcare  
invite you to an Education and Discussion Seminar on*

## Blood Clots and Blood Clotting Disorders

*Key Issues in Diagnosis,  
Treatment and Prevention*

**Saturday, November 10, 2007  
University of Utah Conference Center,  
Salt Lake City, UT**

Continental breakfast, lunch and materials provided

***This FREE seminar will be of interest to:***

People who have had a blood clot or are at risk

People with inherited clotting abnormalities

Family members

Health care workers

Anyone wanting to know more about blood clots and wishing to advance prevention, diagnosis and treatment of thrombosis and thrombophilia

To learn more about thrombosis or thrombophilia or NATT visit

**[www.nattinfo.org](http://www.nattinfo.org)**



**AWARENESS • PREVENTION • TREATMENT • SUPPORT**

# PROGRAM

**8:00 - 8:45 Registration, Coffee and Continental Breakfast**

**8:45 - 9:00 Who we are and what we intend to accomplish**

*Lynn Levitt (The National Alliance for Thrombosis and Thrombophilia (NATT))*

**9:00 - 9:30 Blood Clots (thrombosis)**

*Scott Stevens, MD*

Blood clots- What are they? Why and how do blood clots form? Definitions and terms (DVT, PE); Arterial vs. Venous Blood Clots.

**9:30- 10:00 Symptoms, Diagnosis and Treatment of Blood Clots**

*Robert Pendleton, MD*

What symptoms do people experience when they have blood clots? How are clots diagnosed? How are clots treated?

**10:00 - 10:45 Blood Clotting Disorders and other Risk Factors**

*George Rodgers, MD, PhD*

Risk Factors for Blood Clots; Inherited and Acquired Clotting Disorders (Thrombophilias); Prevention of clots for those at risk.

**10:45 - 11:00 BREAK**

**11:00 - 11:30 Genetic Testing and Counseling for Inherited clotting disorders**

*Elizabeth Varga, MS, CGC*

Genetic testing for clotting disorders- how does it work, what tests are recommended, pros and cons of testing; Inheritance of clotting disorders; genetic discrimination.

**11:30-12:15 Everything you Always Wanted to Know about Warfarin (Coumadin)**

*Laura Roller, PharmD*

- Dosing and monitoring of warfarin; INR; diet and interactions with warfarin.

**12:15 - 1:15 LUNCH**

**1:15 - 1:45 Women's Issues- Blood Clots and Clotting Disorders**

*D. Ware Branch, MD*

- Birth control and hormone replacement therapy- relation to blood clots/clotting disorders; Clotting disorders- risks during pregnancy. Treatment recommendations for pregnancy and post-partum management.

**1:45 - 2:45 Speaker panel and Question/Answer**

*Moderated by Matt Rondina, MD*

- Three people who have been affected with blood clots and/or clotting disorders will share their stories with discussion to follow.

**2:45 - 3:00 BREAK**

**3:00-3:45 Key Issues Today**

*Pat Koppa, MPH*

- Disability, Coping and Support.

## Get Involved with NATT

NATT's membership and influence is growing. With the goal to ensure that people suffering from thrombosis and thrombophilia get early diagnosis, optimal treatment, and quality support, NATT members are committed to fostering research, education, support, and advocacy on behalf of those at risk of, or affected by, blood clots. If you would like to get involved with NATT, please send an email to [nattinfo@yahoo.com](mailto:nattinfo@yahoo.com).

# SPEAKERS

**The National Alliance for Thrombosis and Thrombophilia**

PAT KOPPA, MPH

Board of Directors; Chair- Board Development Committee

LYNN LEVITT

Board of Directors; Chair- Communication Committee; Co-Chair- Education Committee

ELIZABETH VARGA, MS, CGC

Board of Directors; Co-Chair- Education Committee; Medical and Scientific Advisory Board Member

LAURA E. EARL, RN, BSN, CACP

Member- NATT Education and Communications Committees  
Staff Nurse- University of New Mexico  
Hospital Anticoagulation Clinic  
Board Member- National Certification Board for Anticoagulation Providers

**The University of Utah  
Salt Lake City, UT**

D. WARE BRANCH, MD

Professor and Vice Chair- Division of Maternal Fetal Medicine  
Department of Obstetrics and Gynecology

ROBERT PENDLETON, MD

Director, University Healthcare Thrombosis Service  
Department of Internal Medicine

GEORGE M. RODGERS, MD, PHD

Director, Coagulation Laboratory, ARUP Laboratories  
Department of Internal Medicine

LAURA ROLLER, PHARM, BCPS, CACP

Supervisor, Ambulatory Clinical Pharmacy Services

MATTHEW RONDINA, MD

Co-Director, University Healthcare Thrombosis Service  
Department of Internal Medicine

**Intermountain Medical Center**

SCOTT STEVENS, MD

Director, Venous Thromboembolism Program  
Division of Internal Medicine

## REGISTRATION

**This seminar is FREE but registration before November 2nd is requested. Please complete this registration form and return immediately or you may register by sending an e-mail to: [nattseminars@yahoo.com](mailto:nattseminars@yahoo.com). If you prefer to RSVP by phone please call Kandace Kaylor at 801-408-1682 before November 4th and 801-507-3747 after November 4th..**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

*Please return to:*

Lynn Levitt • 377 Rose Finch Circle • Highlands Ranch, CO 80129